



Waterford Tricenturena Skating Club COVID-19 Club Protocols, Response Plans and Communication Plan March 1, 2022 Update

WTSC COVID-19 Oversight Group (as of March 1, 2022)

Name	Position	Phone	Email
Jennifer Bard	President	(519) 427-8685	jennbloomsburg@gmail.com
Sandy McDonald	Secretary	(519) 427-4715	sandramcdonald77@gmail.com

Communication Before Programs Begin

Before the start of any program, WTSC will communicate with all registered participants and their parents/guardians to ensure they are aware of club, municipal, Skate Ontario, provincial and national requirements for Return to Skating Protocols. These will be communicated via WTSC email, WTSC website COVID-19 section, Facebook updates, virtual Zoom meetings and our Waterford arena bulletin board. As information can change frequently, posts and emails will be clearly dated. Regular communication will be added, at least once a month, even if no new information has occurred, so club members are aware information is being kept current.

Completion of COVID-19 Waiver

All individuals participating in club/skating school must complete the Skate Ontario Acknowledgement, Release, Indemnity and Assumption of Risk regarding COVID-19 ("COVID-19 Waiver"). Failure to do so means that individual must not participate in club/skating school activities. Any individual participating in club or skating school activities is required to complete a COVID-19 Waiver, or have a signed COVID-19 Waiver on-file. This includes Skaters, Coaches, Board Members, Volunteers and Program Assistants. The COVID-19 Waiver is completed for all skaters as part of registration for any program in the 2021/22 skating season.

Self Screening Measures

Any person, including skaters, parents, guardians, coaches and board members, must self-screen in accordance with current public health guidelines before each training session. Individuals must not attend any skating session or club activities if they:

- exhibit any COVID-19 symptoms, such as fever, cough, difficulty breathing, or other

- symptoms identifies by health experts
- have been in contact with someone with an active case of COVID-19 and are required by provincial guidelines to self-isolate
- have returned from travel outside of Canada and been advised they are required to quarantine.

Anyone who are considered vulnerable or at risk (individuals over 70 years, weakened immune system or medical conditions such as heart disease, lung disease, cancer, etc.) should strongly consider avoiding participation in WTSC activities

Public Health Guidelines

Club and skating school members shall follow all Public Health Guidelines regarding COVID-19. These may include:

- Any WTSC members who themselves have travelled outside of Canada must self-isolate and not participate in WTSC activities for 14 days
- Any individual who has been exposed to someone with a confirmed case of COVID-19 should self-isolate and is not permitted to participate in WTSC activities for 14 days, unless they engaged in consistent and appropriate use of PPE (i.e. healthcare workers)
- Any individual with symptoms of COVID-19 is not permitted to take part in WTSC activities

Mask Policy

Norfolk County currently requires masks be work inside all arenas from the point of entry. Skate Ontario also strongly recommends wearing masks, as does WTSC. Skaters and Coaches are allowed to temporarily remove their masks when engaged in athletic or fitness activity.

Physical Distancing

When not actively participating in skating, individuals are required to maintain a physical distance of at least 2m from any other person.

Spectator Policy

Capacity limits in Norfolk County arenas are returned to full levels as of March 1, 2022.

Accessibility

All lifts, elevators, washrooms and viewing areas will be available as required for patron use in Norfolk County facilities.

Concessions/Outside Food

Spectators are allowed to consume food or drinks in the arena so long as patrons remain seated while doing so. Skaters and coaches may have a water bottle at the ice surface

for personal use during training.

Hand Sanitizer

All skaters and accompanying spectators are asked to use hand sanitizer provided by Norfolk County or WTSC before entering the arena. Hand sanitizer stations are also located throughout the arena for the use of patrons to facilitate cleanliness.

Washrooms

The washrooms will be open in the Waterford arena lobby for the use of skaters and spectators.

Change rooms

Change rooms are available to skaters during programs. Masks must be worn at all times in dressing rooms. Skaters can access change rooms no earlier than 20 minutes before scheduled rental time and 20 minutes after leaving ice surface. Please attempt to have your skater come fully dressed for class to minimize congestion entering the ice surface.

Personal Items

Skaters must use individual water bottles, tissue boxes, etc. No sharing of items is permitted.

Playing Music

Music will be organized by agreement of the coaches. Sanitizing wipes will be available as needed for cleaning.

On Ice Coaching

When coaches and skaters are **actively participating in skating**, they are **not required** to maintain physical distancing of at least 2m from any other person during the session.

Harness

At this time, the WTSC Harness is not available for use.

Protocols for Entering and Exiting the Ice Surface

Entry to Waterford Arena

- *Skaters and spectators should complete COVID Health Screening Questionnaire before coming to each class online. A Skate Ontario COVID Waiver must be on file with WTSC for all skaters.*

- *Skaters and spectators enter the front door of the arena with masks on and use of hand sanitizer. Skaters proceed to changeroom and on to ice.*
- *Parents and guardians can proceed to seating area in the arena. Parents may stand or sit in the arena lobby.*

COVID-19 Refund Policy

Missed Skating due to COVID Like Symptoms or COVID Diagnosis Policy

Any skater, parent, guardian, coach, board member, or program assistant exhibiting potential COVID-19 symptoms is asked to stay at home. If you are unsure of the symptoms, please use the linked [self assessment tool](#) on the WTSC website. This policy is designed to minimize the chance of virus transmission. The club will refund the cost of any sessions missed due to self isolation following email application at wtsc.info@gmail.com **within 48 hours of the missed session only.**

Refunds will be given in the following situations:

A skater tests positive for COVID 19

A skater is required to isolate for COVID like symptoms or exposure to COVID like symptoms. Norfolk County, the Haldimand Norfolk Health Unit or other governing body mandates the closure of facilities and/or termination of club activities.

Refunds will not be given if parents are not allowed to enter the arena with their child during a skating program due to changes in COVID restrictions.

Skate Canada fees and Skate Ontario fundraising tickets are non-refundable.

WTSC COVID-19 Protocols

If an individual becomes unwell with symptoms of COVID-19

- If an individual becomes unwell with symptoms of COVID-19, or if someone is aware of an individual that becomes unwell with symptoms of COVID-19, that individual must immediately stop participation in WTSC activities.
- The individual should be isolated from all others in a well-ventilated area, or outside and provided with a mask or face covering if one is available and one is not currently being worn.
- The individual shall be sent home and instructed to follow public health guidelines regarding self-isolation and testing.
- The facility, in this case the Waterford Arena staff, should be informed in order to determine if any areas need to be closed off and/or require additional cleaning/disinfecting. Jenn Bard from the COVID Oversight Group will be responsible for this contact.
- Jenn Bard from the COVID Oversight Group should be informed of the situation and contact the individual or their parent/guardian to determine if next steps are being

taken regarding testing.

If an individual is tested for COVID-19

- Any individual that is part of WTSC that is unwell and has been tested for COVID-19 must not participate in club or skating school activities while waiting for the results of the test
- Any individual that is part of a club or skating school that has been tested for COVID-19 and has no COVID-19 symptoms, no known exposure to COVID-19 and no travel history is permitted to participate in club or skating school activities while waiting for the results of the test

If an individual tests positive for COVID-19

- If an individual tests positive for COVID-19, they should inform a member of the WTSC COVID-19 Oversight Group
- The COVID-19 Oversight Group will work where requested with the facility and public health officials to assist in contact tracing. The Session Participation and Health Screening tracking sheets may be used to assist public health officials in informing other WTSC members who may have been in close contact with the individual.
- Any WTSC members who were in close contact with the individual should follow public health guidelines regarding self-isolation and testing
- WTSC members may be informed of a positive COVID-19 result within the club/skating school setting
- WTSC will inform and work with the facility in the case of a positive COVID-19 result and determine if any additional cleaning/disinfecting should be performed as per the facility's guidelines. Jenn Bard will contact either Marc Bouw or Todd Shoemaker at Norfolk County.
- The club/skating school will inform Skate Ontario of a positive COVID-19 diagnosis by email at clubsupportservices@skateontario.org. This will be done by Jenn Bard.

Return to WTSC activities following illness or exposure to COVID 19

- Individuals must follow all public health and facility guidelines with respect to returning to skating following an illness or exposure to COVID-19
- If a COVID-19 test was negative and there was no known exposure to COVID-19, the individual may return to WTSC activities once they no longer have any symptoms of COVID-19 for at least 24 hours
- If a COVID-19 test was negative but there was a known exposure to COVID-19, the individual may only return to WTSC activities once they have completed the period of self-isolation as advised by their local public health unit.

Return to WTSC activities following COVID-19

- Following a positive COVID-19 test, an individual must follow all public health guidelines regarding return to activities.

WTSC Communication Plan

- (1) Communication is paramount during times like these. Information changes quickly and WTSC will endeavour to keep a current, informative and accurate flow of information going to our members to the best of our abilities.
- (2) All registration is being done online through UpLifter this year to eliminate face to face contact as much as possible. Families will be reminded to update their contact information should anything change throughout the year.
- (3) A paper copy of contact information for the current session skaters will be kept with COVID-19 Waiver, Session Participation and Health Screening Tracking Sheets, and other session communication at the entrance to the arena.
- (4) Information on COVID protocols and procedures will be communicated by Jenn Bard through UpLifter email. Courtney Mori will be posting shorter updates on Facebook. Tim Bard will update the website once receiving information from the COVID-19 Oversight Group.
- (5) Information will be update on the website at a minimum of once a month. Any updates will be dated.
- (6) Virtual Zoom meetings will be held before all programs begin to allow parents/guardians to get information and ask questions about the upcoming program.
- (7) A specific tab entitled "COVID-19" has been created on the WTSC website to store all COVID related communication.
- (8) Sandy McDonald will follow up with any individuals who either become unwell with COVID like symptoms during club activities.
- (9) If a WTSC skater is diagnosed with COVID-19, WTSC will work with Public Health who will perform contact tracing and will inform all WTSC members that may have been in close contact with the individual. Privacy will be respected for the individual involved.
- (10) All Session Participation and Health Screening Tracking Sheets, Waivers, and paper copies of session communication are being stored in one binder labelled WTSC (Name of Skating Session) 2020. This binder is being stored in the WTSC locker at the Waterford Arena to be accessed as needed. Rowan's Law forms are also included for all skaters above Star 5.